

## **SIDNEY REGELBRUGGE BIO**

Sidney Regelbrugge is so excited to start on her term as Mendocino County's Youth Poet Laureate. Sidney has spent her entire life between the forest and the Pacific Ocean. Poetry has been a passion for her since grade school, whether that meant working with Blake More at Arena Union Elementary School or on her own, writing haikus. As a fifteen-year-old sophomore, poetry is the outpour of her emotions. Sidney believes that poetry is an expression of all emotions and feelings, it's the feeling of love by a wood fire, it's crying on the front porch watching your first love drive away. To Ms.Regelbrugge, poetry is her entire heart and soul, the unjudged place where everyone is welcome. It gives voices to those who don't have one themselves. Sidney has the intention to spread the joy she received from poetry to other students in Mendocino County. She plans to have multiple public appearances and to continue to work on her writing at different workshops. She looks forward to sharing her poetry and others' writing throughout the county. Sidney intends to serve her term learning from other poets and continuing her journey of creative writing. Ms.Regelbrugge is eager to travel and help build the framework for Youth Poet Laureates to come. She ultimately wants to open the home of poetry to so many others. Regelbrugge is elated to continue her journey through the creative world of a poet's life.